

HEALTHY LIVING

# Magnetic attraction

Dr. Kenneth Zammito in Lacey utilizes Oz-approved technology

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"Dr. Oz" fans can go somewhere local for a technology that the celebrity doctor has spoken highly of on his Fox television show in the past — called pulsed electromagnetic therapy (PEMT), said to be a burgeoning treatment in pain management, according to a news release.

The technology is available at Jersey Shore Low Back & Pain Relief Center, 442 Lacey Road, Suite 7, in the Forked River section of Lacey, according to the release.

PEMT is said to be a FDA-approved mag-

netic therapy for broken bones, depression and post-operative pain. It uses pulsing waves of electromagnetic fields, that have the ability to penetrate deep into the body where heating pads, massage, lotions and creams cannot reach, the release states.

"Where there's pain there is inflammation," the release states. "Pulsing, moving magnetic fields reach and effect cartilage, bones and nerves. It turns on signals in the body and, Dr. Oz says, can change inflammation."

The therapy allows blood platelets that become-stacked due to inflammation and chronic pain to separate and flow

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freely, ultimately increasing circulation.

"This also reduces inflammation and swelling and repairs the damaged tissue," says Dr. Kenneth Zammito of Jersey Shore Low Back & Pain Relief Center. "We've seen amazing results with this with our patients over the last few

years with conditions such as carpal tunnel, low back pain, shoulder pain, knee pain.

"This has even helped patients with kidney and bladder issues," he says. "They have been using this therapy in Europe for over 40 years for treating musculoskeletal pain, healing fractures, cancer treatment, Parkinson's disease, congestive heart failure. We typically see immediate results in only 12 minutes."

For more information on PEMT, call Dr. Kenneth Zammito at Jersey Shore Low Back & Pain Relief Center at 609-693-2020 or visit [www.jerseyshoredrx.com](http://www.jerseyshoredrx.com).